

Training Programmes 2024– 2025

Training programs were conducted for third year students during from June 2024.

Virudhunagar S.Vellaichamy Nadar Polytechnic College (Autonomous), Virudhunagar-626001.

TRAINING CELL

CIRCULAR

15.04.2024

The Training schedule for All III YEAR STUDENTS is given below. The concerned department coordinators are instructed to inform the same to all III YEAR STUDENTS without fail.

S.No	Date & Time	Batch 1 III Year ECE III Year EEE A (21 Students)	Batch 2 III Year EEE B III Year MOP	Batch 3 III Year Mech A	Batch 4 III Year Mech B	Batch 5 III Year Civil & PT III Year GT III Year All Girls	Batch 6 III Year CSE III Year EEE A (20 Students)
1	10.06.24 Monday FN Session	Career Guidance and Resume Preparation	Career Guidance and Resume Preparation	Career Guidance and Resume Preparation	Career Guidance and Resume Preparation	Career Guidance and Resume Preparation	Career Guidance and Resume Preparation
2	10.06.24 Monday AN Session	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion	Group Discussion
3	11.06.24 Tuesday FN Session	Adaptability And Team Work	Adaptability And Team Work	Adaptability And Team Work	Adaptability And Team Work	Adaptability And Team Work	Adaptability And Team Work
4	11.06.24 Tuesday AN Session	Attitude And Personality Feedback	Attitude And Personality Feedback	Attitude And Personality Feedback	Attitude And Personality Feedback	Attitude And Personality Feedback	Attitude And Personality Feedback
5	Venue & Resource Persons	Board Meeting Hall S.A.Amutha (Lecturer(SS)/EEE) M.Kalidassbabu (Lecturer(SS)/CSE)	Main Building (M104) D.Saravanakumar (Lecturer/EEE) A.Venkatesh Boopathy (Lecturer/MOP)	Main Building (M207) P.Balamurugan (Lecturer/Mech) R.Priyanka (Lecturer/GT)	Main Building (M208) B.Jaihind (Lecturer/Maths) G.Janani (Lecturer/English)	Main Building (M106) C.Priya (Lecturer(SS)/Civil) G.Arangadurai (Lecturer(SG-I)/PT)	Main Building (M105) K.Ramalingam (Lecturer/CSE) R.Santhoshkumar (Lecturer/CSE)

Copy to: Chairman, Governing Council

Copy to: Dean-Academic, VP, All HODs, Training Coordinator, Individuals & file.

PRINCIPAL

15/4/24

CHAIRMAN

16/4/24

Circular

16/4

S.NO.	TOPIC	Period	No of Sessions	Target
1	TEAM WORK	10.06.2024 & 11.06.2024	06	All3 rd Year Students.
2	ADAPTABILITY	10.06.2024 & 11.06.2024	06	All3 rd Year Students.
3	RESUME PREPARATION	10.06.2024 & 11.06.2024	06	All3 rd Year Students.
4	PERSONALITY	10.06.2024 & 11.06.2024	06	All3 rd Year Students.
5	GROUP DISCUSSION	10.06.2024 & 11.06.2024	06	All3 rd Year Students.
6	ATTITUDE	10.06.2024 & 11.06.2024	06	All3 rd Year Students.
7	TEAM WORK	10.06.2024 & 11.06.2024	06	All3 rd Year Students.

SOFT SKILLS TRAINING - BATCH I

TOPIC	TEAM WORK ADAPTABILITY RESUME PREPARATION PERSONALITY	CAREER GUIDANCE GROUP DISCUSSION ATTITUDE FEEDBACK
DATE	10.06.2024	11.06.2024
RESOURCE PERSON	MRS.S.A.AMUTHA, LECTURER(SS)/EEE MR.A.VENKATESH BOOPATHY, LECT/MOP MR.K.RAMALINGAM, LECTURER/CSE MR.D.SARAVANAKUMAR, LECTURER/EEE	MRS.R.PRIYANKA, LECTURER/GT MISS.G.JANANI, LECTURER/ENGLISH MR.P.BALAMURURUGAN, LECTURER/MECH MRS.C.PRIYA, LECTURER/CIVIL MRS.N.SANKARESWARI, LECTURER/ECE
VENUE	BOARD MEETING HALL	

SOFT SKILLS TRAINING - BATCH II

TOPIC	RESUME PREPARATION GROUP DISCUSSION ATTITUDE TEAM WORK	ADAPTABILITY PERSONALITY CAREER GUIDANCE FEEDBACK
DATE	10.06.2024	11.06.2024
RESOURCE PERSON	MR.K.RAMALINGAM, LECTURER/CSE MISS.G.JANANI, LECTURER/ENGLISH MR.B.JAIHIND, LECTURER/MATHS MRS.C.PRIYA, LECTURER/CIVIL MRS.S.A.AMUTHA, LECTURER(SS)/EEE	MR.A.VENKATESH BOOPATHY, LECT/MOP MRS.N.SANKARESWARI, LECTURER/ECE MR.A.JEGAN, LECTURER/MECH MR.D.SARAVANAKUMAR, LECTURER/EEE
VENUE	AUDITORIUM	

SOFT SKILLS TRAINING - BATCH III

TOPIC	CAREER GUIDANCE RESUME PREPARATION GROUP DISCUSSION ADAPTABILITY	TEAM WORK ATTITUDE PERSONALITY FEEDBACK
DATE	10.06.2024	11.06.2024
RESOURCE PERSON	MRS.R.PRIYANKA, LECTURER/GT) MR.K.RAMALINGAM, LECTURER/CSE MISS.G.JANANI, LECTURER/ENGLISH MR.B.JAIHIND, LECTURER/MATHS MR.A.VENKATESH BOOPATHY, LECT/MOP	MRS.S.A.AMUTHA, LECTURER(SS)/EEE MR.D.SARAVANAKUMAR, LECTURER/EEE MRS.R.PRIYANKA, LECTURER/GT MR.A.JEGAN, LECTURER/MECH
VENUE	C-101	

SOFT SKILLS TRAINING - BATCH IV

TOPIC	GROUP DISCUSSION ADAPTABILITY TEAM WORK PERSONALITY	ATTITUDE RESUME PREPARATION CAREER GUIDANCE FEEDBACK
DATE	10.06.2024	11.06.2024
RESOURCE PERSON	MISS.G.JANANI, LECTURER/ENGLISH MR.B.JAIHIND, LECTURER/MATHS MR.G.ARANGADURAI, LECTURER(SG-I)/PT MR.M.KALIDASS BABU, LECTURER(SS)/CSE MRS.N.SANKARESWARI, LECTURER/ECE	MRS.C.PRIYA, LECTURER/CIVIL MR.K.RAMALINGAM, LECTURER/CSE MRS.R.PRIYANKA, LECTURER/GT MISS.G.JANANI, LECTURER/ENGLISH MR.P.BALAMURURUGAN, LECTURER/MECH
VENUE	P-104	

SOFT SKILLS TRAINING - BATCH V

TOPIC	ATTITUDE TEAM WORK ADAPTABILITY PERSONALITY	CAREER GUIDANCE RESUME PREPARATION GROUP DISCUSSION FEEDBACK
DATE	10.06.2024	11.06.2024
RESOURCE PERSON	MRS.C.PRIYA, LECTURER/CIVIL MRS.N.SANKARESWARI, LECTURER/ECE MR.A.VENKATESH BOOPATHY, LECT/MOP MR.G.ARANGADURAI, LECTURER(SG-I)/PT	MR.A.JEGAN MR.B.JAIHIND, LECTURER/MATHS MISS.G.JANANI, LECTURER/ENGLISH MR.P.BALAMURURUGAN, LECTURER/MECH
VENUE	M-106	

SOFT SKILLS TRAINING - BATCH VI

TOPIC	PERSONALITY ATTITUDE CAREER GUIDANCE RESUME PREPARATION	GROUP DISCUSSION ADAPTABILITY TEAM WORK FEEDBACK
DATE	10.06.2024	11.06.2024
RESOURCE PERSON	MR.G.ARANGADURAI, LECTURER(SG-I)/PT MR.D.SARAVANAKUMAR, LECTURER/EEE MRS.R.PRIYANKA, LECTURER/GT MR.B.JAIHIND, LECTURER/MATHS	MISS.G.JANANI, LECTURER/ENGLISH MR.P.BALAMURURUGAN, LECTURER/MECH MR.M.KALIDASS BABU, LECTURER(SS)/CSE MR.B.JAIHIND, LECTURER/MATHS MR.K.RAMALINGAM, LECTURER/CSE
VENUE	M-208	

SOFT SKILLS TRAINING ON 10.06.2024 & 11.06.2024



Mrs.S.A.Amutha, Lecturer(SS)/EEE handled the session “Team Work” on 10.06.2024 for Batch I Third year students



Mr.A.Venkatesh Boopathy, Lect/MOP handled the session “Adaptability on 10.06.2024 for Batch I Third year students



Mr.K.Ramalingham, Lecturer/CSE delivered session “Resume Preparation” on 10.06.2024 for Batch II Third year students



Mr.A.Venkatesh Boopathy, Lect/MOP handled the session “Adaptability on 11.06.2024 for Batch II Third year students

SOFT SKILLS TRAINING ON 10.06.2024 & 11.06.2024



**Mrs.R.Priyanka, Lecturer/GT handled the session
“Career Guidance” on 10.06.2024 for Batch III
Third year students**



**Miss.G.Janani, Lecturer/English handled the session
“Group Discussion” on 11.06.2024 for
Batch III Third year students**



**Mr.G.Arangadurai, Lecturer(SG-I)/PT handled the session
“Adaptability” on 10.06.2024 for Batch IV
Third year students**



**Miss.G.Janani, Lecturer/English handled the session
“Group Discussion” on 11.06.2024 for
Batch IV Third year students**

SOFT SKILLS TRAINING ON 10.06.2024 & 11.06.2024



MRS.C.Priya, Lecturer/CivilT handled the session “Attitude” on 10.06.2024 for Batch V Third year students



Mr.A.Jegan, Lecturer/Mechanical handled the session “Career Guidance” on 11.06.2024 for Batch V Third year students




Mr.M.KalidassBabu Lecturer(SS)/CSE handled the session “Team Work” on 10.06.2024 for Batch VI Third year students




Mr.D.Saravaranakumar, Lecturer/EEE handled the session “Attitude” on 11.06.2024 for Batch VI Third year students

SAMPLE FEEDBACK FORM



Virudhunagar S.Vellaichamy Nadar Polytechnic College (Autonomous), Virudhunagar-626001.
(Affiliated to Directorate of Technical Education ,Chennai-25)
(ISO 9001:2015 Certified Institution)
TRAINING CELL




FEEDBACK - ODD TERM (10.06.2024 TO 11.06.2024)


Name: K. RAMESHKUNAR Roll No: 223678-

S.NO	TOPICS	Content delivered by the Resource Persons			
		Excellent	Very Good	Good	Average
1	Career Guidance	✓			
2	Resume Preparation	✓			
3	Group Discussion	✓			
4	Adaptability	✓			
5	Team Work	✓			
6	Attitude	✓			
7	Personality	✓			

Signature of the Student
K. Ramesh Kumar



Virudhunagar S.Vellaichamy Nadar Polytechnic College (Autonomous), Virudhunagar-626001.
(Affiliated to Directorate of Technical Education ,Chennai-25)
(ISO 9001:2015 Certified Institution)
TRAINING CELL



FEEDBACK - ODD TERM (10.06.2024 TO 11.06.2024)

Name: _____ Roll No: _____

S.NO	TOPICS	Content delivered by the Resource Persons			
		Excellent	Very Good	Good	Average
1	Career Guidance	220	80	14	6
2	Resume Preparation	162	136	18	4
3	Group Discussion	200	70	38	12
4	Adaptability	180	118	16	6
5	Team Work	250	50	18	2
6	Attitude	200	100	12	8
7	Personality	150	150	13	7

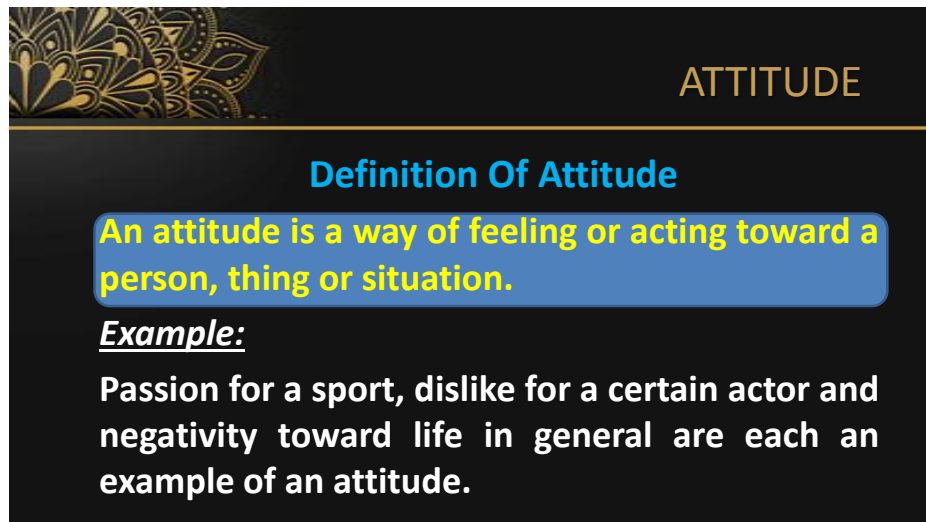
Signature of the Student

SAMPLE MATERIAL

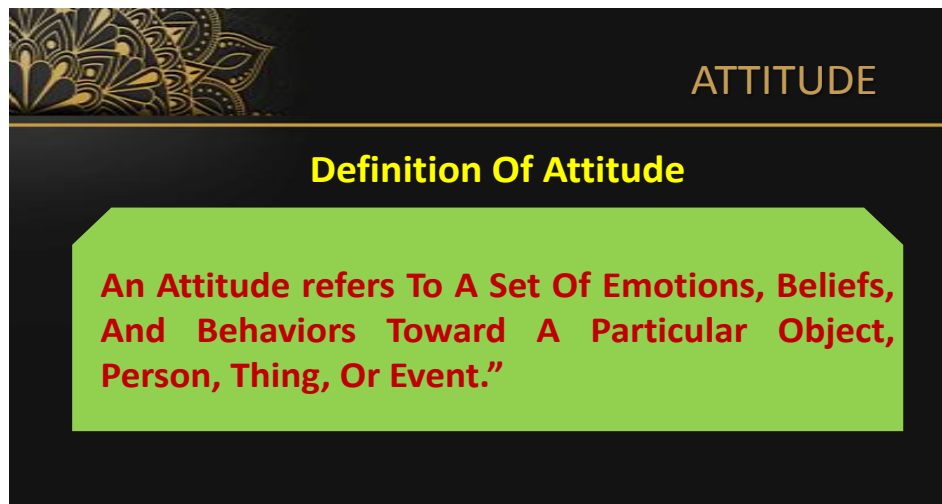
Slide1




Slide2



Slide3




Slide4



ATTITUDE

- It is a psychological tendency that is expressed by evaluating a particular entity with some degree of favour or disfavour.
- The evaluations which people make can range from extremely unfavourable to the extremely favourable, or can be more moderate.


Slide5



ATTITUDE

- Attitudes can be mixed, and with regard to the same object, may vary from time to time.

Slide6




ATTITUDE

Classification of Attitude

Explicit Attitude

- If a person is aware of his attitudes, and they influence his behaviour and beliefs, his attitudes are explicit.
- Explicit attitudes are formed consciously.

Slide7




ATTITUDE

Classification of Attitude

Implicit Attitude

- A person may be unaware of his implicit beliefs though these still have some influence on his conduct and behaviour.
- Implicit attitudes are subconscious attitudes.

Slide8




ATTITUDE

Features/Nature of attitude

- Attitude affects efficiency
- Attitude is not inborn
- Attitude has many sources
- Attitude is universal
- Attitude is related with needs

Slide9



ATTITUDE

Features/Nature of attitude




- Attitude is different from values
- Attitude is always changing
- Attitude may be positive or negative
- Attitude tends to result in a certain type of behavior .

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ATTITUDE

COMPONENTS OF ATTITUDE

Attitude has A B C Components

- Feelings or emotions that something evokes.
Affect 
- Tendency or disposition to act in certain ways towards something.
Behaviour 
- Our thoughts, beliefs, and ideas about something.
Cognitive 


Slide11


ATTITUDE

Components of Attitude

Affective (Emotional) Component:

How The Object, Person, Issue, Or Event Makes You Feel.
(Feelings and emotion based)



• Feelings or emotions that something evokes.
Affect 

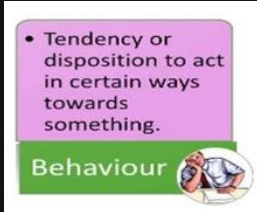
Slide12


ATTITUDE

Components of Attitude

Behavioral Component:

How The Attitude Influences Your Behavior.
(Actions towards that object)



• Tendency or disposition to act in certain ways towards something.
Behaviour 

Slide13



ATTITUDE


Components of Attitude

Cognitive Component:
Your Thoughts And Beliefs
About The Subject.
(Perception and beliefs)

- Our thoughts, beliefs, and ideas about something.

Cognitive 

Slide14




ATTITUDE

Formation of Attitudes

Culture:

- Culture exerts enormous influence on an individual. Culture in itself includes religion, tradition, customs, prohibitions, rewards and sanctions.
- Socialisation is the process by which culture shapes the attitudes of the

Slide15




ATTITUDE

Formation of Attitudes

Culture:

- Culture teaches individual beliefs, attitudes and behaviour that are acceptable in one's life and society.
- For example: Consuming beef in India is generally considered taboo but in western countries, there is no

Slide16




ATTITUDE

Formation of Attitudes

Family:

- Family is the most important and closest social group for a person. It is the nursery for attitudinal formation.
- Parents are more influential among the family system who structure and mould the attitude of a child.

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ATTITUDE

Formation of Attitudes

Social Groups:

- Several social groups apart from family play an important role in attitude formation which includes **friends, peers, colleagues, etc.**

Slide18




ATTITUDE

Formation of Attitudes

Social Groups:

- Several social groups apart from family play an important role in attitude formation which includes **friends, peers, colleagues, etc.**

Slide19




ATTITUDE

Formation of Attitudes

Social Groups:

- Consider the voting pattern in India. There are people who do not listen to candidate's speeches, read newspapers or follow debates. They talk with friends, family, etc. and vote for a candidate. Families, friends

Slide20




ATTITUDE

Formation of Attitudes

Institutions:

- A man is never alone. From cradle to grave he is under the influence of one institution or the other.

Slide21




ATTITUDE

Formation of Attitudes

Familiarity:

- Familiarity breeds positive attitude. Man generally has a fear of the unknown, so anything familiar might make him or her feel at peace.
- Familiarity and classical conditioning act on emotions of an individual and therefore shape the affective component

Slide22




ATTITUDE

What are the Techniques to Bring Change in Attitude?

Classical Conditioning:

- In this technique, the person is exposed to a positive and neutral stimulus repeatedly and after some time the response to neutral stimuli becomes the same as response to positive stimuli.

Slide23




ATTITUDE

What are the Techniques to Bring Change in Attitude?

Instrumental Conditioning:

- A process in which a positive behavior when rewarded has more chances of repetition unlike the negative behavior

Slide24



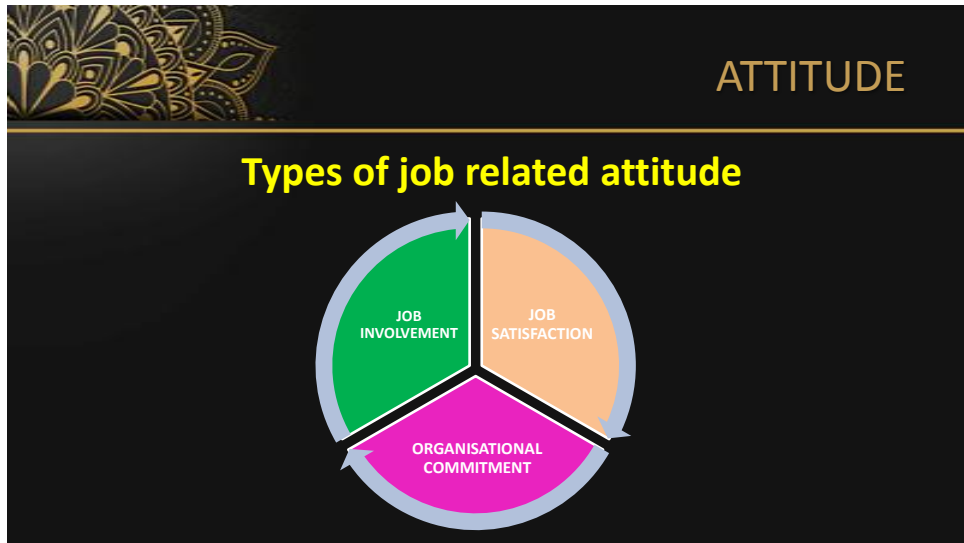
ATTITUDE

What are the Techniques to Bring Change in Attitude?

Social Observation:

- This involves learning from our social environment such as family, school, media and its expression.

Slide25



Slide26

ATTITUDE

How do Attitude Influence Behaviour?

Positive Attitude:

- ❖ A person who has positive attitudes towards work and co-workers (such as contentment, friendliness, etc.) can positively influence those around them.

Slide27


ATTITUDE

How do Attitude Influence Behaviour?

Negative Attitudes:

- A person who displays negative attitudes (such as discontentment, boredom, etc.), will behave accordingly.
- Example: People with these types of attitudes towards work may likewise

Slide28




ATTITUDE

How do Attitude Influence Behaviour?

Selfish Attitude:

- It will guide an individual's actions in a selfish manner.
- Example: Holding one's self-interest as the standard for decision making.

Slide29




ATTITUDE

How do Attitude Influence Behaviour?

Egoistic Attitude:

- ❖ It will result in a negative attitude and behaviour.
- ❖ Example: Elder individuals control their younger siblings even if they are wrong to satisfy their ego of being elder.

Slide30



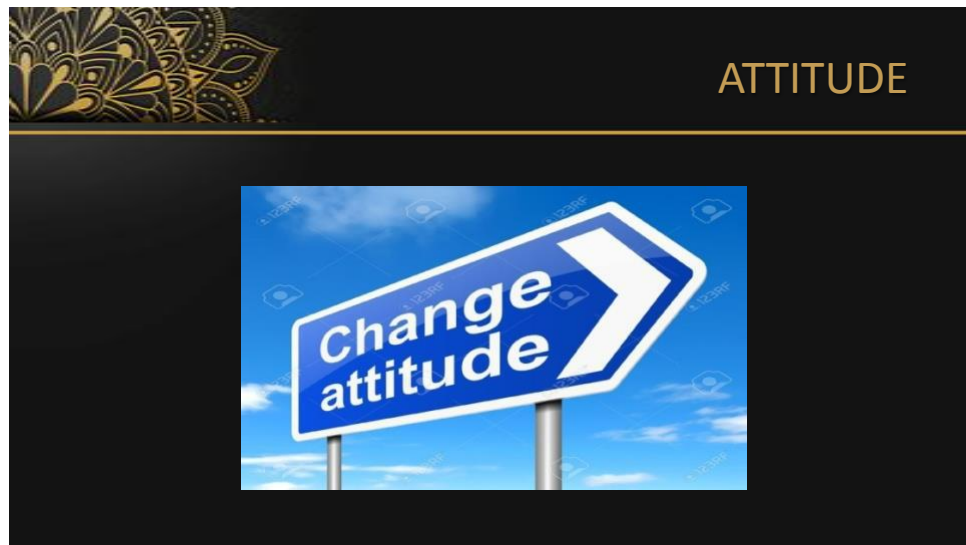
ATTITUDE

How do Attitude Influence Behaviour?

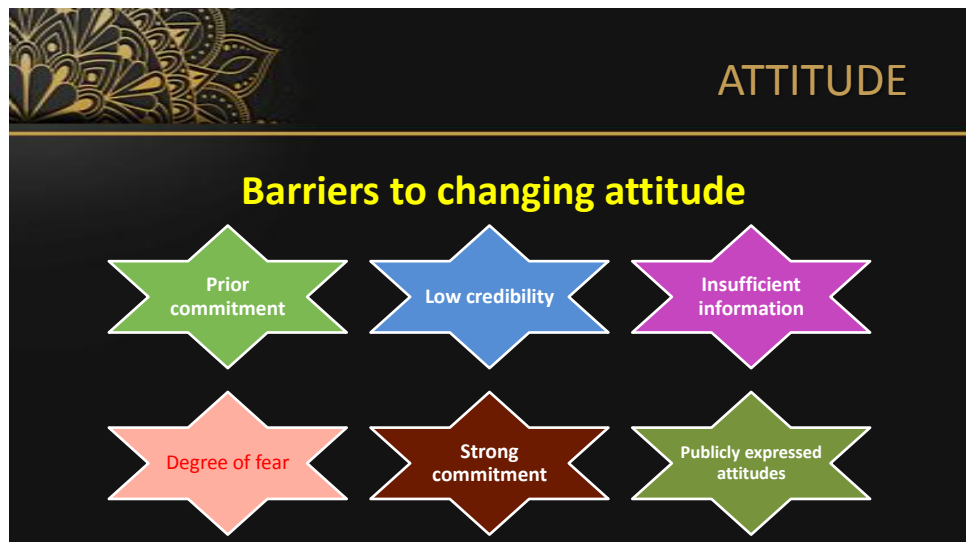
Attitude based on Values and Beliefs:

- ❖ It will act according to the values.
- ❖ Example: In India touching the feet of elders is guided by an attitude of giving respect to them.

Slide31




Slide32



Slide33

-
- A slide titled "ATTITUDE" with a decorative gold pattern in the top left corner. The main heading is "
- POSITIVE ATTITUDES AT WORK
- " in yellow. Below it is a list of points:
- **Project a Positive Image:**
 - **A professional image includes:**
 - (1) A well-groomed, neat appearance.
 - (2) Confident walk and posture.
 - (3) Varied and pleasing voice.
 - (4) The use of direct eye contact.

Slide34




ATTITUDE

POSITIVE ATTITUDES AT WORK

The Importance of a Positive Attitude:

- A positive attitude encourages the following:
 - (1) The ability to adapt to change
 - (2) An openness to learning
 - (3) Higher productivity
 - (4) The ability to work with all types of people.

Slide35




ATTITUDE

POSITIVE ATTITUDES AT WORK

The Importance of a Positive Attitude:

- (5) The ability to learn and grow on the job.
- (6) Creativity in solving problems and seeing solutions
- (7) The ability to cope with stress.

Slide36




ATTITUDE

POSITIVE ATTITUDES AT WORK

External factors:

- (1) A new and varied job
- (2) Learning new job skills
- (3) Working in a pleasant environment
- (4) Being part of a team
- (5) Having flexibility and freedom to make decisions
- (6) Doing worthwhile work

Slide37




ATTITUDE

POSITIVE ATTITUDES AT WORK

Internal factors:

- (1) Feeling good about yourself (high self-esteem)
- (2) Feeling confident and Empowered
- (3) Sensing achievement and recognition
- (5) Feeling rewarded
- (6) Doing worthwhile work

Slide38




ATTITUDE

Summary

1. A person's efficiency is affected by attitude.
2. Attitudes are frequently used in describing events, people, objects and people's behaviour.
3. Attitude is acquired or learned, attitude is not inborn.
4. Attitude exists in everybody not only in a

Slide39




ATTITUDE

Summary

5. A person can have positive or negative attitude.
6. Attitudes are one's personal experiences. If an individual has negative attitude towards someone, it does not mean that he has a negative attitude towards all the other

Slide40



ATTITUDE

If


ABCDEFGHIJKLMNOPQRSTUVWXYZ

is equal to

1234567891011121314151617181920212223242526

Then the following is true:-

Slide41



ATTITUDE

Hard Work

H+A+R+D+W+O+R+K


$8+1+18+4+23+15+18+11 = 98\%$

Knowledge

K+N+O+W+L+E+D+G+E

$11+14+15+23+12+5+4+7+5 = 96\%$

Slide42



ATTITUDE

Love

L+O+V+E

$12+15+22+5 = 54\%$


Luck

L+U+C+K

$12+21+3+11 = 47\%$

(don't most of us think this is the most important ???)

Slide43



ATTITUDE

What gives us maximum (100%)
Altitude ?

Is it Money ? ... NO!!!

M+O+N+E+Y


13+15+14+5+25 = 72%

Leadership ? ... NO!!!

L+E+A+D+E+R+S+H+I+P

12+5+1+4+5+18+19+9+16 = 89%

Slide44



ATTITUDE

ATTITUDE

A+T+T+I+T+U+D+E

1+20+20+9+20+21+4+5 = 100%

It is OUR ATTITUDE towards Life and
Work that makes us soar
(and not sore!)

Slide45



ATTITUDE

ATTITUDE IS EVERYTHING

Change Your Attitude ...
And You Change Your Life !!!

Slide46



ATTITUDE

All birds find shelter during a rain. But Eagle avoids rain by flying above the clouds. Problems are common, but Attitude makes the difference.

-A P J Abdul Kalam



ATTITUDE
is the **TICKET**
to **SUCCESS!**




**YOUR
ATTITUDE
DETERMINES YOUR
DIRECTION**



**“ ATTITUDE
IS A LITTLE
THING
THAT MAKES A
BIG
DIFFERENCE ”**

Slide47



THANK YOU